Pre Prep Challenge Kindness/Caring



Send someone a lovely message	Tell someone they are good at something	Ask about someone's day	Give a compliment to 3 different people	Make someone a card to show your appreciation	Make positive comments to 3 people at school	Have a device free day
Smile at everyone	Make sure to thank someone	Respond positively	Ask someone how their weekend was	Be encouraging	Help someone at home or school with a job	Random acts of kindness
Help someone at school with something	Sort out your room & donate something to charity	Share your feelings with others	Thank at least 3 people	Call a friend or relative for a chat	Tell someone at school their good qualities (not a friend)	Uninterrupted family time

These challenges can be done on different days and in any order, just tick them off when you have completed them.

Ask an adult at home to sign the sheet to confirm what you have achieved.

Return to your House Leader and you will be rewarded, and will be in with a chance of winning a prize!

If you can repeat some of these challenges, then that will mean more character counters for your house.



Any other lovely things you have done in the time may be added and extra credit will be given. All entries returned to your house leader will be entered into a prize draw.